



## Supplement 1

Angotti AA, Silva JCST, Martins PA. Knowledge of health professionals about vegetarian diets: an integrative review. Rev Cienc Saude. 2022;12(2):3-11. <https://doi.org/10.21876/rcshci.v12i4.1278>

### Protocolo de Revisão Integrativa

#### Pergunta de pesquisa

Quais os conhecimentos, crenças, atitudes profissionais de saúde sobre a alimentação vegetariana?

P. Profissionais de saúde

Condição: Alimentação Plant-based, redução do consumo de carnes, vegetarianismo

Contexto: Atitudes e Crenças

(doctor\* OR nutritionist\* OR "health professional\*" OR \* "health workforce" AND dietitian\* OR physician\*) AND (belief\* OR opinion\* OR conviction\* OR judgment OR say OR advice OR knowledge OR attitude) AND ("meat consumption" OR "dairy consumption" OR vegetarian\* OR vegan\* OR "eat\* meat" OR meat OR dairy OR "meat reduction" OR "plant-based diet")

(médico OR nutricionista OR "profissional da saúde") AND (crença\* OR opini\* OR convic\* OR julgament\* OR recomendaç\* OR conhecimento\* OR atitud\*) AND (redução do consumo de carne\* OR vegetarian\* OR vegan\* OR carne OR "alimentos de origem animal" OR "alimentação a base de plantas")

**Tabela 1** – Estratégia de busca detalhada para cada base de dados

Base de dados	Estratégia	Resultado
Pubmed	((nutritionist OR doctor OR "health professional" OR "health workforce") AND ((belief* OR opinion* OR conviction* OR judgment OR say OR advice OR knowledge OR attitude))) AND (("meat consumption" OR "dairy consumption" OR vegetarian* OR vegan* OR meat OR dairy OR "meat reduction" OR "plant-based diet"))	
Science direct	("health professional") AND (belief OR opinion OR judgment OR advice) AND ("meat consumption" OR vegetarian OR "meat reduction" OR "plant-based diet").	
Web of Science	TÓPICO: (doctor* OR nutritionist* OR "health professional*" OR * "heath workforce") AND TÓPICO: (belief* OR opinion* OR conviction* OR judgment OR say OR advice OR knowledge OR attitude) AND TÓPICO: ("meat consumption" OR "dairy consumption" OR vegetarian* OR vegan* OR "eat* meat" OR meat OR dairy OR "meat reduction" OR "plant-based diet")	
MEDLINE	AB ( doctor* OR nutritionist* OR "health professional*" OR * "heath workforce" ) AND AB ( belief* OR opinion* OR conviction* OR judgment OR say OR advice OR knowledge OR attitude ) AND AB ( "meat consumption" OR "dairy consumption" OR vegetarian* OR vegan* OR "eat* meat" OR meat OR dairy OR "meat reduction" OR "plant-based diet" )	

EMBASE	('health workforce doctor':ti,ab,kw OR nutritionist:ti,ab,kw OR 'health professional':ti,ab,kw OR dietitian:ti,ab,kw OR physician:ti,ab,kw) AND (belief*:ti,ab,kw OR opinion*:ti,ab,kw OR conviction*:ti,ab,kw OR judgment:ti,ab,kw OR say:ti,ab,kw OR advice:ti,ab,kw OR knowledge:ti,ab,kw OR attitude:ti,ab,kw) AND ('meat consumption':ti,ab,kw OR 'dairy consumption':ti,ab,kw OR vegetarian*:ti,ab,kw OR vegan*:ti,ab,kw OR 'eat* meat':ti,ab,kw OR meat:ti,ab,kw OR dairy:ti,ab,kw OR 'meat reduction':ti,ab,kw OR 'vegetarian diet':ti,ab,kw)	
Open Grey (literatura cinzenta)	(doctor* OR nutritionist* OR "health professional*" OR * "health workforce" AND dietitian* OR physician*) AND (belief* OR opinion* OR conviction* OR judgment OR say OR advice OR knowledge OR attitude) AND ("meat consumption" OR "dairy consumption" OR vegetarian* OR vegan* OR "eat* meat" OR meat OR dairy OR "meat reduction" OR "plant-based diet")	
Busca manual		
Total		

### Critérios de inclusão e exclusão

Inclusão: Idioma - inglês, espanhol, português; qualquer desenho de estudo (observacional, experimental, etc)

Exclusão: Que não sejam artigos científicos (ex. capítulo de livro, resumo de congressos, etc)

### Informações a serem extraídas do estudo/categorização

- Autor
- Ano
- País
- Desenho do estudo
- População e amostra
- Objetivos
- Metodologia utilizada/intervenção
- Principais achados