



Suplemento

Santos VRS, Damasceno AWC, Silva MJG, Cabral DF, Oliveira ACA. Characteristics and effects of physical exercise programs for older adults during the COVID-19 pandemic: integrative review. Rev Cienc Saude. 2023;13(1):3-13.
<https://doi.org/10.21876/rcshci.v13i1.1358>

Estratégia de Busca Completa

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| MEDLINE via PubMed | #1 | (Aged [MeSH] OR "Older Adults" OR "Older Adults" OR Elderly OR "Older People") |
| | #2 | (Pandemics[MeSH] OR COVID-19[MeSH] OR "Social Isolation"[MeSH] OR Pandemic OR "COVID 19" OR "COVID-19" OR "Virus Disease" OR "COVID 19 Virus Disease" OR "COVID-19 Virus Diseases" OR "COVID-19 Virus Infection" OR "COVID 19 Virus Infection" OR "COVID-19 Virus Infections" OR "2019-nCoV Infection" OR "2019 nCoV Infection" OR "2019-nCoV Infections" OR "Coronavirus Disease-19" OR "Coronavirus Disease 19" OR "2019 Novel Coronavirus Disease" OR "2019 Novel Coronavirus Infection" OR "2019-nCoV Disease" OR "2019 nCoV Disease" OR "2019 nCoV Diseases" OR "Coronavirus Disease 2019" OR "SARS Coronavirus 2 Infection" OR "SARS-CoV-2 Infection" OR "SARS CoV 2 Infection" OR "SARS-CoV-2 Infections" OR "COVID-19 Pandemic" OR "COVID 19 Pandemic" OR "COVID-19 Pandemics" OR "Social Exclusion" OR "Social Exclusions") |
| | #3 | (Exercise[MeSH] OR Exercises OR "Physical Activity" OR "Physical Activities" OR "Physical Exercise" OR "Physical Exercises" OR "Acute Exercise" OR "Acute Exercises" OR "Isometric Exercises" OR "Isometric Exercise" OR "Aerobic Exercise" OR "Aerobic Exercises" OR "Exercise Training" OR "Exercise Trainings" OR "Neuromuscular training" OR "Strength training" OR "Resistance training" OR "Plyometric training" OR "Power training" OR "Balance training") |
| | #4 | #1 AND #2 AND #3 |
| LILACS via BVS | #1 | (MH:(Idoso) OR MH:(Aged) OR MH:(Anciano) OR TW:(Idosos) OR TW:(“Pessoa Idosa”) OR TW:(“Pessoa de Idade”) OR TW:(“Pessoas Idosas”) OR TW:(“Pessoas de Idade”) OR TW:(“População Idosa”) OR MH:(M01.060.116.100) OR MH:(“Idoso de 80 Anos ou mais”) OR MH:(“Aged, 80 and over”) OR MH:(“Anciano de 80 o más Años”) OR TW:(Centenários) OR TW:(“Idoso de 80 ou mais Anos”) OR TW:(“Idosos de 80 Anos ou mais”) OR TW:(“Idosos de 80 ou mais Anos”) OR TW:(Nonagenários) OR TW:(Octogenários) OR TW:(Velhíssimos) OR MH:(M01.060.116.100.080)) |
| | #2 | (MH:(Pandemias) OR MH:(Pandemics) OR MH:(Pandemias) OR TW:(Pandemia) OR MH:(N06.850.290.200.600) OR MH:(COVID-19) OR TW:(COVID19) OR TW:(“Doença Viral COVID-19”) OR TW:(“Doença pelo Novo Coronavírus (2019-nCoV)”) OR TW:(“Doença por 2019-nCoV”) OR TW:(“Doença por Coronavírus 2019”) OR TW:(“Doença por Coronavírus 2019-nCoV”) OR TW:(“Doença por Coronavírus-19”) OR TW:(“Doença por Novo Coronavírus (2019-nCoV)”) OR TW:(“Doença por Novo Coronavírus de 2019”) OR TW:(“Doença por Vírus COVID-19”) OR TW:(“Epidemia pelo Coronavírus de Wuhan”) OR TW:(“Epidemia pelo Coronavírus em Wuhan”) OR TW:(“Epidemia pelo Novo Coronavírus (2019-nCoV)”) OR TW:(“Epidemia pelo Novo Coronavírus 2019”) OR TW:(“Epidemia por 2019-nCoV”) OR TW:(“Epidemia por Coronavírus de Wuhan”) OR TW:(“Epidemia por Coronavírus em Wuhan”) OR TW:(“Epidemia por Novo Coronavírus (2019-nCoV)”) OR TW:(“Epidemia por Novo Coronavírus 2019”) OR TW:(“Pandemia COVID-19”) OR TW:(“Pandemia por COVID-19”) OR TW:(“Pandemias por COVID-19”) OR MH:(C01.748.214) OR MH:(C01.748.610.763.500) OR MH:(C01.925.705.500) OR MH:(C01.925.782.600.550.200.163) OR MH:(C08.381.677.807.500) OR MH:(C08.730.214) OR MH:(C08.730.610.763.500) OR MH:(“Isolamento Social”) OR MH:(“Social Isolation”) OR MH:(“Aislamiento Social”) OR TW:(“Exclusão Social”) OR TW:(Ostracismo) OR MH:(F01.145.813.781) OR MH:(I01.880.853.748)) |

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| | #3 | (MH:(“Exercício Físico”) OR MH:(Exercise) OR MH:(“Ejercicio Físico”) OR TW:(“Atividade Física”) OR TW:(“Atividade Física para Idoso”) OR TW:(“Atividades Físicas”) OR TW:(Exercício) OR TW:(“Exercício Aeróbico”) OR TW:(“Exercício Agudo”) OR TW:(“Exercício Isométrico”) OR TW:(“Treinamento Físico”) OR MH:(G11.427.410.698.277) OR MH:(I03.350)) |
| | #4 | #1 AND #2 AND #3 |
| Cochrane Library | #1 | MeSH descriptor: [Aged] explode all trees |
| | #2 | Older adults |
| | #3 | Older people |
| | #4 | MeSH descriptor: [COVID-19] explode all trees |
| | #5 | MeSH descriptor: [Pandemics] explode all trees |
| | #6 | MeSH descriptor: [Social Isolation] explode all trees |
| | #7 | MeSH descriptor: [Exercise] explode all trees |
| | #8 | Neuromuscular training |
| | #9 | Strength training |
| | #10 | Resistance training |
| | #11 | Plyometric training |
| | #12 | Power training |
| | #13 | Balance training |
| | #14 | (#1 OR #2 OR #3) AND (#4 OR #5 OR #6) AND (#7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13) |
| PEDro | #1 | Aged Exercise Covid-19 |
| | #2 | Aged Exercise Pandemic |
| | #3 | Aged Exercise “Social isolation” |